

General Advice: These instructions are to be used in conjunction with the information your Health Professional has discussed with you. All equipment is to be used following the manufacturers weight recommendations. If you are unsure on how to use or fit a piece of equipment, please contact your Allied Health Professional.

Over Toilet Aid Use

- An over toilet aid is a raised toilet seat on a height adjustable frame that can assist in toilet transfers making it easier and safer for individuals with mobility issues

Installing an Over Toilet Aid

1. Adjust the legs on the Over Toilet Aid using the steel buttons to slide the internal leg piece up or down to the appropriate height. While seated, the user of the Over Toilet Aid should have their feet in full contact with the floor
2. Some Over Toilet Aids have extra holes in one of the legs to stabilise the Over Toilet Aid on an uneven floor. Ensure the Over Toilet Aid is stable and cannot slide, with all four feet on the floor, before sitting on it
3. Lift the lid on the current toilet and position the Over Toilet Aid above the toilet bowl, making sure it is stable, centered and level. If you have difficulty getting the over toilet aid far enough back then you can remove your current toilet lid and seat if required which will give you some extra depth
4. Some Over Toilet Aids come with a splash guard, this can assist with the gap created between toilet and the seat on the Over Toilet Aid

Safety

- Ensure you check the maximum user weight of the Over Toilet Aid to confirm its weight capacity for the intended user
- Make sure that toilet paper is in easy reach so you are not leaning on one side of the Over Toilet Aid as this may cause it to unbalance
- Always use both hands to lower yourself or stand up from the Over Toilet Aid, if only one arm/hand is used this can cause instability

How To Use an Over Toilet Aid

1. After installing the Over Toilet Aid over the toilet lower yourself onto the seat using both of the Over Toilet Aid armrests. Be sure to use both hands as you do not want the Over Toilet Aid to unbalance
2. When standing from the Over Toilet Aid use both armrests again to push yourself into a standing position. Always look forward and not at the ground
3. If you have safety concerns with transfers on/off the toilet be sure to contact your Healthcare Professional



Universal replacement Splash Guard available

Precautions & Safety

- Ensure that the over toilet aid is stable, all four feet on the floor and cannot slide
- Ensure that the toilet paper is easily reached
- Ensure that you place both your hands on the rails to lower yourself down and push yourself up

Maintenance & Cleaning

- Please check the product label / user manual for specific cleaning instructions
- If the equipment appears damaged, **DO NOT USE**. It may require replacing

Complementary Assistive Devices



Splash Guard



Bottom Wiper



Bowl with Lid



Lock Down/Up Grab Rail



Grab Rails



Reachers